



# 90070247129874 - Smithfield Boneless Lower Sodium Ham, Gold Medal, 97% Fat Free, Water Added, 2/10 lb, Random Weight



All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smithfield has set sustainability goals because we believe we can build a more sustainable business and contribute to a better future.

Brand: Smithfield

## Nutrition Facts

178 servings per container  
**Serving size 2 oz. (56g)**

**Amount per serving**  
**Calories 60**

**% Daily Value\***

<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 390mg	<b>16%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 10g	<b>20%</b>
Vitamin D 8.79mcg	2% • Calcium 2.82mg 0%
Iron 0.43mg	2% • Potassium 480mg 15%
Vitamin A 0IU	0%
Vitamin C 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Cured With: Water, Dextrose, Contains 2% Or Less of: Salt, Potassium Chloride, Sodium Phosphates, Potassium Acetate, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.

### Case Specifications

GTIN	90070247129874	Case Gross Weight	22.62 LB
UPC		Case Net Weight	21.17 LB
Pack Size	2/10.585 LB	Case L,W,H	15.88 IN, 13.88 IN, 5.25 IN
Shelf Life	100 Days	Cube	0.67 CF
Tie x High	8 x 11		

### Preparation and Cooking

No preparation required.

### Serving Suggestions

Ham is the perfect holiday center piece or as a weekly meal , serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

### Product Features and Benefits

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

### Packaging and Storage

Store and use per package instructions.

### Product Images



SAP Desc:  
 HAM,SFD,GM,SMKD,WH,LS,WA,2C,97FF,RW